



# 2024 Long-Term Care Conference

Virtual and In-Person Event  
October 7-8, 2024

**Strengthening  
our Foundation**

**Balancing and Discovering  
New Perspectives**

**10.0 CEUs  
Available.**

*See page  
11 for  
details.*

**Monday, Oct. 7**



**Emergency  
Preparedness**

**Tuesday, Oct. 8**



**Advocacy**



**Legal and  
Regulatory**



**Organizational  
Ethics and Values**



**Dementia**

To learn more and register, visit our website [www.avilainstitute.org](http://www.avilainstitute.org).

## 2024 brings a new lens – don't miss this opportunity to gather new perspectives.

Join us in-person or online for our Annual Long-Term Care Conference featuring the latest trends and research in long-term care. Attendees will gain insights, learn strategies for success, and strengthen skills to improve quality of care.

## SESSIONS AND SPEAKERS

### Monday, October 7 (5.0 CE Hours)

*Presented by David Hood, BS*

1. **Developing a Comprehensive Emergency Preparedness Program** (2.0 CE Hours)
2. **Life Safety** (1.0 CE Hour)
3. **Top Risks and Vulnerabilities in Long-Term Care** (2.0 CE Hours)

### Tuesday, October 8 (5.0 CE Hours)

4. **Current Advocacy Issues in Long-Term Care** (1.0 CE Hour)  
*Kathleen A. Curran, JD, MA*
5. **Federal and State Regulatory and Market Update: The Latest on Survey, Staffing, and Market Trends** (2.0 CE Hours)  
*Brian Ellsworth, MA*
6. **Living and Leading with Organizational Ethics and Values** (1.0 CE Hour)  
*Darren M. Henson, PhD, STL*
7. **Dementia Update** (1.0 CE Hour)  
*Philip McCallion, PhD*

## MORE INFORMATION

For more information about this conference, visit [www.avilainstitute.org](http://www.avilainstitute.org) or call Melissa Silvestro at (518) 537-5000.

## REGISTRATION

Attend in-person or online. Attend one day or the full conference. Each session will also be offered as an individual live-streamed webinar for continuing education.

*Registration includes sessions and digital files.*

*The in-person event has limited space and includes lunch, snacks, and beverages.*

Full Conference (2 days)	<b>\$450.00</b>
Monday Only (5.0 credits)	<b>\$250.00</b>
Tuesday Only (5.0 credits)	<b>\$250.00</b>
Per Credit Hour	<b>\$60.00</b>

## IN-PERSON LOCATION

St. Teresa's Motherhouse  
600 Woods Rd., Germantown, NY 12526

## CREDIT INFORMATION

Continuing education is offered for *Administrators, Catholic Chaplains, Dietitians, Nurses, and New York State Social Workers*

Participants may be eligible to receive up to **10.0** CEUs based on attendance.

*For more information see page 11.*

**CANCELLATION POLICY:** Cancellation and refund requests must be made in writing (mail or email). Phone cancellations will not be accepted. AIG regrets that refunds will not be given for no-shows; however, substitutions are gladly accepted. For more information contact us.

**EVENT CANCELLATION POLICY:** The Avila Institute of Gerontology reserves the right to cancel any scheduled seminar due to unforeseen circumstances up to one day prior to the scheduled workshop, with a full refund of any registration payment.

**DISCLOSURES:** This educational activity does not include any content that relates to the products and/or services of a commercial interest that would create a conflict of interest. There is no commercial support being received for this event.



## Monday, October 7, 2024

8:00 am Registration  
8:45 am Welcome / Call to Prayer

### SESSION 1

9:00 –  
11:00 am

#### Developing a Comprehensive Emergency Preparedness Program

*David Hood, BS*

11:00 am BREAK (15 minutes)

### SESSION 2

11:15 am –  
12:15 pm

#### Life Safety

*David Hood, BS*

12:15 pm LUNCH (45 minutes)

### SESSION 3

1:00 –  
3:00 pm

#### Top Risks and Vulnerabilities in Long-Term Care

*David Hood, BS*

## Tuesday, October 8, 2024

8:00 am Registration  
8:30 am Welcome / Call to Prayer

### SESSION 4

8:45 –  
9:45 am

#### Current Advocacy Issues in Long-Term Care

*Kathleen A. Curran, JD, MA*

9:45 am BREAK (15 minutes)

### SESSION 5

10:00 am –  
12:00 pm

#### Federal and State Regulatory and Market Update: The Latest on Survey, Staffing, and Market Trends

*Brian Ellsworth, MA*

12:00 pm LUNCH (45 minutes)

### SESSION 6

12:45 –  
1:45 pm

#### Living and Leading with Organizational Ethics and Values

*Darren M. Henson, PhD, STL*

1:45 pm BREAK (15 minutes)

### SESSION 7

2:00 –  
3:00 pm

#### Dementia Update

*Philip McCallion, PhD*



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# DAY 1

## Emergency Preparedness

Day one will focus on advancing the safety and preparedness of long-term care facilities. Presenter David Hood will provide critical insights and practical strategies to bolster your facility's emergency readiness over three sessions.



### **David Hood, BS**

*Senior Advisor / Technical Fellow, Jensen Hughes*

Dave is a Senior Advisor and Technical Fellow with Jensen Hughes, where he applies his decades long expertise in healthcare fire

safety, life safety and emergency preparedness to various projects and advocacy efforts. Dave served as the President of the legacy firm, RPA, prior to the company being acquired by Jensen Hughes in 2017. Dave is a past Chairman of the National Fire Protection Association (NFPA) Health Care Section Executive Board and currently serves as the Chair of the NFPA Health Care Section Education Committee. Dave is also a former principal member on the Life Safety Code® Technical Committee on Health Care Occupancies.

Dave commonly presents at various conferences and forums, including but not limited to, the

### PRESENTED BY

National Fire Protection Association's World Safety Conference (NFPA), the Fire Department Instructor's Conference (FDIC), the annual American Society for Healthcare Engineering Conference (ASHE), and the annual American Health Care Association (AHCA) Conference. He provides specialized consulting to both the American Health Care Association and LeadingAge. Dave also has fire service experience in Prince George's County, MD and Monroe County, NY. He is the past Chief of the Honeoye Falls Fire Department located in suburban Rochester, NY.

Dave has a degree in Fire Protection Engineering from the University of Maryland and is a member of the NFPA, the Society of Fire Protection Engineers (SFPE) and the American Society for Healthcare Engineering (ASHE).

**Session  
1**

## **Developing a Comprehensive Emergency Preparedness Program**

**9:00 – 11:00 am (2 CE Hours)**

This session will provide details on developing a comprehensive emergency preparedness program that will address all four phases of emergency management; regulatory requirements and recent findings; significant and illustrative case studies; and Incident Command/Management/Coordination.

### **Learning Objectives**

Following this presentation, participants will be able to:

- List the steps to develop an emergency preparedness program and the fundamental requirements for training and testing of the program.

**Session  
2**

## **Life Safety**

**11:15 am – 12:15 pm (1 CE Hour)**

This session will take the participants through the proper response to a fire in a long-term care facility and directly correlate how required Life Safety features complement the fire procedures from the initial actions upon discovery of a fire, through staff, leadership, and fire department response. Common K-Tag cited and related fire protection features will be discussed.

### **Learning Objectives**

Following this presentation, participants will be able to:

- Identify the required and best practices related to fire procedures in a long-term care facility and how required Life Safety Code® features complement fire procedure and response.

**Session  
3**

## **Top Risks and Vulnerabilities in Long-Term Care**

**1:00 – 3:00 pm (2 CE Hours)**

This session will discuss developing a Hazard Vulnerability Analysis to identify risks, developing a cooperative interdisciplinary team to drive your program, including external partners, and communications and response plan along with other required aspects to make you both regulatory compliant and ready to respond.

### **Learning Objectives**

Following this presentation, participants will be able to:

- Identify the tools to conduct a Hazard Vulnerability Analysis to help form the foundation of their Emergency Preparedness Program.



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# DAY 2

## Advocacy, Legal and Regulatory Updates, Organizational Values, and Dementia

Day two will include vital topics on advocacy, legal and regulatory updates, and organizational values. The last session will conclude with the latest updates in dementia.

### PRESENTED BY



**Kathleen A.  
Curran, JD, MA**

Senior Director, Public  
Policy, The Catholic Health  
Association of the United  
States (CHA)



**Darren M.  
Henson,  
PhD, STL**

Senior Director, Ministry  
Formation, The Catholic  
Health Association of the  
United States (CHA)



**Brian  
Ellsworth, MA**

Vice President, Public  
Policy & Payment Trans-  
formation, Health Dimen-  
sions Group



**Philip  
McCallion, PhD**

Professor and Director,  
School of Social Work,  
Temple University College  
of Public Health

Session  
4

## Current Advocacy Issues in Long-Term Care

8:45 – 9:45 am (1.0 CE Hour)

The voice of the most vulnerable must be heard through those who care for them. This session will describe the current state of health care and related policy at the federal level. It will also discuss the importance of advocacy issues and their relevance to long-term care.

### Learning Objectives

Following this presentation, participants will be able to:

- Describe how public policies impact nursing practice and long-term care administration.

Advocacy in long-term care lights the way to dignified, high-quality care, safeguarding rights, fostering equity, and enriching lives.

## PRESENTED BY



### Kathleen A. Curran, JD, MA

*Senior Director, Public Policy, The Catholic Health Association of the United States (CHA)*

Kathleen A. Curran is the Senior Director of Public Policy at the Catholic Health Association of the United States. Ms. Curran coordinates the development of public policy positions for the Association and works with other CHA staff to interact with Congress and the Executive Branch to promote CHA's advocacy agenda.

Previously, Ms. Curran was with the United States Conference of Catholic Bishops where she served as Interim Director of the Office of

Domestic Social Development and as a policy advisor on health and welfare issues.

Ms. Curran has also worked at the U.S. Department of Labor and on the U.S. Senate Committee on Health, Education, and Pensions. Prior to coming to Washington, DC, Ms. Curran practiced law in Boston, MA, following a year serving with the Jesuit Volunteer Corps.

Ms. Curran received a law degree from the University of Virginia, a master's degree in Catholic Clinical Ethics from Georgetown University, and an undergraduate degree from Yale University.

Session  
5

## Federal and State Regulatory and Market Update: The Latest on Survey, Staffing, and Market Trends

10:00 am – 12:00 pm (2.0 CE Hours)

The ever-changing regulations continue to challenge all staff as they navigate best practices in caring for elders. In this session, the speaker will provide an update on federal and state trends affecting long-term care providers, including the hot issues on survey, the federal staffing rule, payment policy, and market trends.

### Learning Objectives

Following this presentation, participants will be able to:

- Identify the latest federal and state regulatory trends and policy climate affecting long-term care as well as strategies for success.

## PRESENTED BY



### Presented by Brian Ellsworth, MA

*Vice President, Public Policy & Payment Transformation,  
Health Dimensions Group*

Brian Ellsworth has more than 35 years of experience in health care financing, delivery, and policy from both payor and provider perspectives. He has held senior leadership roles at health care trade associations representing post-acute, long-term care, and hospital providers. His experience includes participation in high-profile public policy reform efforts, demonstrations on pay-for-performance and episodic payment models, and complex projects involving multiple stakeholders.

At Health Dimensions Group (HDG), Mr. Ellsworth leads efforts to develop value-based payment approaches for health systems, managed care plans, and post-acute providers, in addition to advising on strategy, market analysis, and public policy issues. He is a thought leader and frequent presenter at health care conferences and events across the country. Recently,

he has assisted HDG's operations team in COVID-19 policy development and execution.

Throughout his career, Mr. Ellsworth's leadership has resulted in important changes to post-acute, long-term care, and inpatient payment and quality monitoring systems. At the American Hospital Association, Mr. Ellsworth developed proposals for payment and quality reform for SNFs, hospital swing beds, IRFs, LTCHs, home health, and inpatient psychiatric facilities. At the Connecticut Association for Healthcare at Home, he led efforts to merge statewide home health and hospice associations. As a policymaker in New York's Medicaid program, he led early efforts to develop managed long-term care plans for the dually eligible.

In addition, Mr. Ellsworth has served on numerous advisory panels to federal and state government concerning financing reform, quality measurement, and payment model design.



Session  
6

## Living and Leading with Organizational Ethics and Values

12:45 – 1:45 pm (1.0 CE Hour)

At a basic level, organizational ethics is the art and practice of living the organization's stated values and mission, clearly and with integrity. Stated differently, when problems or complaints arise that pertain to organizational ethics, the issues can be traced most often to weakened lived expressions of the organizational values.

This session will highlight the vital role leaders provide in enlivening organizational values from formal written and spoken communications, to team meetings and review processes. These leading practices strengthen organizational ethics.

### Learning Objectives

Following this presentation, participants will be able to:

- Identify the presence or absence of values in organizational life and techniques for values integration.

True leadership in this field is measured by our commitment to our values ensuring that the well-being of residents and the fulfillment of our mission are always at the heart of our practice.

## PRESENTED BY



### Darren M. Henson, PhD, STL

*Senior Director, Ministry Formation, The Catholic Health Association of the United States (CHA)*

Dr. Darren M. Henson serves as CHA's Senior Director, Ministry Formation. He is a theologian with

deep experience enlivening the Mission of Catholic health care. Drawing from the Catholic theological, social, and spiritual tradition, he inspires the integration of mission and values throughout healthcare ministries. Having served in several Catholic healthcare ministries from rural areas to

large metropolitan hospitals, clinics, and systems, Darren brings a nuanced understanding of healthcare operations and ministry. Darren has written widely on topics ranging from ministry to palliative care, ethics, and justice. He is an active speaker and presenter at professional conferences and community gatherings, and he has served on several boards, including the former Supportive Care Coalition.

Session  
7

## Dementia Update

2:00 – 3:00 pm (1.0 CE Hour)

In this session, Phil will discuss the latest updates on dementia including recommendations for prevention, treatment, and care. He will identify the most common types of dementia, brain changes, statistics, and key characteristics. Phil will describe new approaches to assessment, medications, and brain health to help answer the question “What can we do for residents?” Along with caregiver support of family and staff, we must continue to build a workforce to maximize residents’ quality of life and care.

### Learning Objectives

Following this presentation, participants will be able to:

- Identify dementia prevention, treatment, and care to maximize residents’ quality of life and care.

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Understanding dementia requires more than knowledge of its symptoms; it demands a dedication to improving lives.

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## PRESENTED BY



### Philip McCallion, PhD

*Professor and Director, School of Social Work,  
Temple University College of Public Health*

Philip McCallion, PhD, is professor and director of the School of Social Work within the College of Public

Health at Temple University. His research advances evidence-based interventions in health promotion, falls reduction, caregiver support, dementia management, and service system redesign.

McCallion is co-founder/co-principal investigator/co-applicant of the Intellectual Disability Supplement to the Irish Longitudinal Study on Aging, and co-investigator on longitudinal studies of dementia in persons with Down syndrome.

McCallion is visiting/adjunct professor at Trinity College, Dublin, a John A. Hartford Foundation Social Work Faculty Scholar and Mentor, and a fellow of the International Association for the Scientific Study of Intellectual and Developmental Disabilities and of the Gerontological Society of America.

Serving on international consensus panels and the board of the National Task Group on Intellectual Disabilities and Dementia, McCallion is the national consultant on intellectual disabilities and dementia for the U.S. National Alzheimer’s and Dementia Resource Center.



## Continuing Education

Participants will only receive credit for sessions they have attended in full.

**Board Approvals** Participants may be eligible to earn up to 10.0 continuing education hours based on attendance of each session in full.

### Administrators (NAB)

In Person - This program has been approved for Continuing Education for 10.0 total participant hours by NAB/NCERS—Approval #20251006-10-A104541-IN.

Distance Learning - This program has been approved for Continuing Education for 10.0 total participant hours by NAB/NCERS—Approval #20251006-10-A105578-DL.

### Catholic Chaplains

This educational program has been approved for 10.0 Continuing Education Hours by the National Association of Catholic Chaplains.

### Dietitians (Registered)

This educational program has been approved for 10.0 Continuing Professional Education Units by the Commission on Dietetic Registration. Activity #184669

Performance Indicator(s) #1.2.3, 1.3.3, 3.3.3, 3.3.4, 5.2.1, 5.2.2, 6.2.7, 8.4.3, 13.2.3, 15.1.5

### Nurses

This nursing continuing professional development activity was submitted to the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.\*

### Social Workers (New York Only)

Avila Institute of Gerontology, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0265. Participants can earn 10.0 Contact Hours.

*Social Worker CE approval is for New York State Social workers only. Other state licensees are not eligible to receive pre-approved credit.*

*\* For updated information on CEUs, please visit our website [www.avilainstitute.org](http://www.avilainstitute.org) or contact Michelle DuFresne at 518-537-5000.*