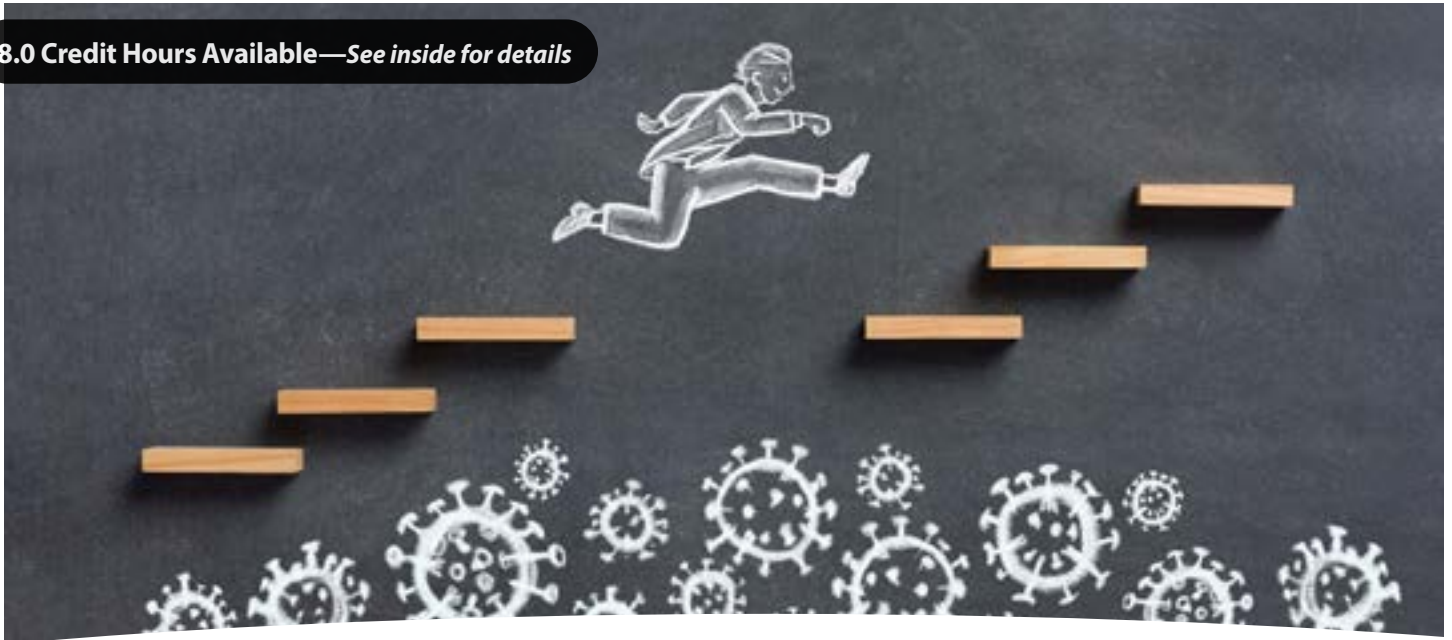


8.0 Credit Hours Available—See inside for details

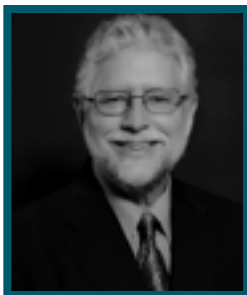


## ***Leadership and Mission - Crucial Elements for Solving Today's Challenges***

**March 8-9, 2021 • Virtual Conference**

We look forward to welcoming leaders of long-term care to the March 2021 virtual Leadership for Mission Conference. Even as COVID-19 has ravaged our world for over a year now, we have seen your extraordinary work. We have watched as administrators and staff persevered through constant change and challenge. This year's conference provides an opportunity to fine-tune your skills and mindset as we adjust to the new normal. The conference consists of webinars on diversity, ethics, self-care, emotional balance during traumatic circumstances and ongoing developments in federal regulations and health policy.

Having gained knowledge of ourselves and our coworkers in this conference, we will forge ahead in mission together as we continue to meet the challenges of the pandemic.



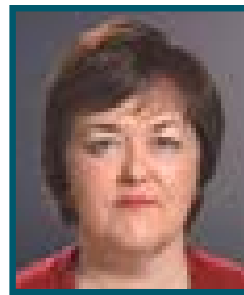
**Fr. William J. Jarema,  
BA, MS, M. Div, MAS,  
NCC.**

*International Director,  
Mercy Center, Inc.*



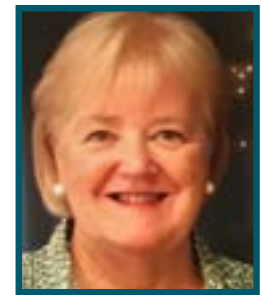
**Sr. Annelle Fitzpatrick,  
CSJ, PhD**

*Associate Professor of  
Sociology, St. John's University*



**Kathy Curran, JD**

*Senior Director of Public Policy,  
Catholic Health Association*



**Catherine R. Seely, MA**

*Retired VP for Ethics and Mission,  
Saints Medical Center*

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## REGISTRATION - SPACE IS LIMITED

Please contact us at [support@avilainstitute.org](mailto:support@avilainstitute.org) if you are interested in registering.

<i>Registration includes sessions, digital files, lunch and breaks.</i>	Fees
Full Conference (2 days)	<b>\$400.00</b>
Monday Only	<b>\$225.00</b>
Tuesday Only	<b>\$225.00</b>

**REFUND POLICY:** Cancellation and refund requests must be made in writing (mail or email) and must be received 7 days prior to the event to be eligible for a full refund. If a request is made after this date, a credit voucher will be issued to be used toward a future ALG event. The voucher expires within 1 year of the cancellation. ALG regrets that refunds will not be given for no-shows. Substitutions are accepted without penalty and must register for the event, noting whom they are replacing. Please send all cancellation and substitution requests to [support@avilainstitute.org](mailto:support@avilainstitute.org).

**EVENT CANCELLATION POLICY:** The Avila Institute of Gerontology reserves the right to cancel any scheduled seminar due to unforeseen circumstances at any time.

**DISCLOSURES:** This educational activity does not include any content that relates to the products and/or services of a commercial interest that would create a conflict of interest. There is no commercial support being received for this event.

## Monday, March 8, 2021

12:45 pm - Welcome/  
12:50 pm ET Call to Prayer

12:50 pm – 1:50 pm ET

### **S#1 • Looking Beyond Covid- 19 With Hope (1.0 Hour)**

*Fr. William J. Jarema, BA, MS, M. Div, MAS, NCC.*

1:50 pm - Break  
2:00 pm ET

2:00 pm – 5:15 pm ET (includes break)

### **S#2 • Understanding the Nature of Prejudice (3.0 Hours)**

*Sr. Annelle Fitzpatrick, CSJ, PhD*

## Tuesday, March 9, 2021

12:45 pm - Welcome/  
12:50 pm ET Call to Prayer

12:50 pm – 1:50 pm ET

### **S#3 • Seeking Balance in Everyday Experiences (1.0 Hour)**

*Fr. William J. Jarema, BA, MS, M. Div, MAS, NCC.*

1:50 pm - Break  
2:00 pm ET

2:00 pm – 3:00 pm ET

### **S#4 • Washington Update 2021 (1.0 Hour)**

*Kathy Curran, JD*

3:00 pm Break

3:15 pm – 5:15 pm ET

### **S#5 • Ethics in the Extraordinary Time of Pandemic (2.0 Hours)**

*Catherine R. Seeley, MA*



“Do well what you do.”  
-Mother Angeline

## Continuing Education

To receive continuing education and/or a certificate of attendance, participants must watch each webinar in full and fill out an evaluation.

## Board Approvals

We are currently applying for continuing education. For further information, please contact us at [support@avilainstitute.org](mailto:support@avilainstitute.org).

**i Administrators (NAB)** This program has been approved for Continuing Education for 8.0 total participant hours by NAB (National Association of Long Term Care Administrator Boards)/ NCERS (National Continuing Education Review Service.)

**i Catholic Chaplains** This educational program has been submitted to the National Association of Catholic chaplains for approval to award Continuing Education Hours. Please contact us at [support@avilainstitute.org](mailto:support@avilainstitute.org) for the status.

**i Dietitians (Registered)** This educational program has been submitted to the Commission on Dietetic Registration for approval to award Continuing Professional Education Hours. Please contact us at [support@avilainstitute.org](mailto:support@avilainstitute.org) for the status.

**i Nurses** This nursing continuing professional development activity was approved by Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**i Social Workers (New York Only)** Avila Institute of Gerontology, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0265. *Social Worker CE approval is for New York Social workers only. Other state licensees aren't eligible to receive pre-approved credit.*

**DISCLOSURES** This educational activity does not include any content that relates to the products and/or services of a commercial interest that would create a conflict of interest. • There is no commercial support being received for this event.

## Looking Beyond COVID-19 With Hope (1.0 Hour)

March 8, 2021 | 12:50 pm – 1:50 pm ET

Creating a positive and proactive frame of reference will assist those in the helping profession to expand their compassion satisfaction. Assessing personal compassion fatigue and secondary traumatic stress will aid each helper in fine-tuning their personal healthcare plan.

### Learning Outcome

Participants will be able to distinguish the characteristics of Compassion Satisfaction, Burnout, Secondary Traumatic Stress, and Work Addiction and examine strategies to create a personal path to a better work/life balance.



### Presented by Father William J. Jarema, BA, MS, M.Div, MAS, NCC

*International Director, Mercy Center, Inc.*

Father William Jarema is the Founder and Program Director of the Mercy Center for Healing the Whole Person, Colorado Springs, Colorado, with numerous

satellite programs throughout the United States and three foreign mission projects in the West Indies. He is also the Founder and Spiritual Director of the Society of Missionaries of Mercy, a private association of the Christian faithful of clergy, laity, men and women, married and single. The Society of Missionaries of Mercy is a lay institute for the training of men and women as spiritual companions, spiritual directors, inner healing providers and inner healing specialists, and lay missionaries dedicated to a spirituality of mercy and the healing ministry of Jesus Christ.

As a community, they are dedicated to the vow of conversion of life and the spiritual and corporal works of mercy. Father Bill has provided workshops, retreats, and clergy conferences nationwide. As a part of the Mercy Center team, he offers a residential pastoral care treatment program for men and women seeking healing and resolution to personal and professional growth issues, a 13-week sabbatical program, and a

summer 4-week Spiritual Directors training/renewal program in Colorado Springs, Colorado. Father Bill is a national consultant and educator for profit and nonprofit corporations and a National Certified Counselor, Spiritual Director, Workshop and Retreat Director. Father Bill specializes in whole person healing, typology and team building, corporate development management and assessment, marriage, family and organizational additions/dysfunction, and an eclectic approach to healing, wholeness and well-being.

#### Author of:

*Fathering the Next Generation: Men Mentoring Men*, Crossroad Publications, 1994.

*There's a Hole in My Chest: Healing and Hope for Adult Children Everywhere*, Crossroad Publications, 1996.

*Creating a Parish Think Tank: A program for helping parishes assess and explore resources, evaluate ministries, discover hidden potential and design a 5-year-old Pastoral plan*, Mercy Center, Inc., 1996.

## Understanding the Nature of Prejudice (3.0 Hours)

March 8, 2021 | 2:00 pm – 5:15 pm ET (includes a break)

Few would deny that the challenge of healing the racial divide in our nation is a major concern to most Americans. However, while racism afflicts the United States, many Americans are not aware that the issue of racism is a worldwide problem. The General Assembly of the United Nations declared “racism is a global problem” and stated, “flouting international law, racism pervades all countries.” (UN General Assembly, 2014) Social researchers tell us that if we hope to eradicate racism and heal the racial divide, then it is imperative that we all learn more about the sociological and psychological forces that give rise to racial intolerance, implicit bias, micro-aggressions and xenophobia. This workshop is designed to give participants a comprehensive understanding of the nature of prejudice, its roots and its consequences. It is hoped that participation in this workshop will give participants a deep insight into both the conscious and unconscious forces lurking in the human heart that give rise to prejudice and racial discrimination.

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### Learning Outcome

Participants will be able to recognize the global nature of racism and determine strategies to combat racism in the workplace.



#### **Presented by Sr. Annelle Fitzpatrick, CSJ, PhD** *Associate Professor of Sociology, St. John's University*

Sr. Annelle Fitzpatrick is a Sister of St. Joseph. She holds a PhD in Sociology with a concentration in Cultural Anthropology. For the past 25 years, Dr. Fitzpatrick has been a member of

the faculty at St. John's University. Her passion is interfaith dialogue and bridge building between diverse religious traditions.

In addition to teaching, she has lectured extensively throughout the United States, Canada, Ireland and Australia on numerous topics related to issues in cultural competency, such as: “Death and Dying:

The Prayers, Rituals and Beliefs of World Religions”, “Jesus and Mary in the Holy Quran”, “Religious and Cultural Do's and Don'ts”, and “Cultural Clues and the Patient Encounter.”

Dr. Fitzpatrick also serves on several boards and has numerous publications in journals such as *Health Progress*, *Journal of Human Development*, *Vincentian Heritage*, and *The Journal of the National Medical Association*.



## Seeking Balance in Everyday Experiences (1.0 Hour)

March 9, 2021 | 12:50 pm – 1:50 pm ET

Exploring our understanding of the four emotional responses - anger, anxiety, fear and grief - will allow us to better comprehend how these feelings impact our response to those we care for. Contributing to and being part of a health team affects our work and personal life. By being aware of the qualities of a healthy team, it can contribute to the balance between work and our personal health and well-being.

### Learning Outcome

Participants will be able to employ techniques to mitigate anger and other stressful emotions to ensure strong, successful teams for better resident care.



**Presented by Father William J. Jarema,  
BA, MS, M.Div, MAS, NCC**  
*International Director, Mercy Center, Inc.*

Father William Jarema is the Founder and Program Director of the Mercy Center for Healing the Whole Person, Colorado

Springs, Colorado, with numerous satellite programs throughout the United States and three foreign mission projects in the West Indies. He is also the Founder and Spiritual Director of the Society of Missionaries of Mercy, a private association of the Christian faithful of clergy, laity, men and women, married and single. The Society of Missionaries of Mercy is a lay institute for the training of men and women as spiritual companions, spiritual directors, inner healing providers and inner healing specialists, and lay missionaries dedicated to a spirituality of mercy and the healing ministry of Jesus Christ.

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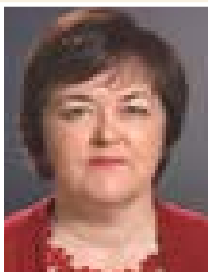
## Washington Update 2021 (1.0 Hour)

March 9, 2021 | 2:00 pm – 3:00 pm ET

The state of healthcare-related policy at the federal level is ever-changing, especially during this time of pandemic. Ms. Curran will discuss the Biden administration's personnel and policies and the new Congress in terms of what is on the horizon for long-term care. Topics will include health coverage, strengthening Medicaid and the Affordable Care Act, the relationship between racism and health equity, and the latest Coronavirus/COVID-19 policies.

### Learning Outcome

Participants will be able to integrate upcoming federal regulation and policy changes into their practice and recognize the role racism plays in healthcare equality.



**Presented by Kathy Curran, JD**  
*Senior Director of Public Policy, Catholic Health Association*

Kathleen A. Curran is Senior Director of Public Policy at the Catholic Health Association of the United States. Ms. Curran coordinates the development of public policy positions for the Association and works with other CHA staff to communicate CHA's public policy positions to Congress, the Executive Branch, the membership and other outside organizations. Ms. Curran has previously held positions at the United States Conference of Catholic Bishops, the U.S. Department of Labor and the Senate Committee on Health, Education, Labor and Pensions.

Prior to coming to Washington, D.C., Ms. Curran practiced law in Boston, MA, with the firm of Choate, Hall and Stewart. Ms. Curran is a graduate of University of Virginia School of Law and Yale University.



## Ethics in the Extraordinary Time of Pandemic (2.0 Hours)

March 9, 2021 | 3:15 pm – 5:15 pm ET

This presentation first will review ethical principles and duties in ordinary times. Next, ethics in an extraordinary time of pandemic will be considered, focusing on certain competing principles and on the constancy of rights. Finally, ethical issues in the workplace will be examined, with particular consideration of responsibilities and subsequent issues of moral distress.

### Learning Outcome

Participants will be able to recognize the basic moral principles that inform health care decision-making and discuss how various approaches to using them can create contradictory results, especially in times of crisis.



#### **Presented by Catherine R. Seeley, MA** *Retired VP for Ethics and Mission, Saints Medical Center*

Catherine R. Seeley's professional background includes health-care administration, medical ethics, crisis, grief and transition. She also has been an educator/consultant for hospices, home

healthcare agencies, long-term care facilities, hospitals, and healthcare systems around the country. During Catherine's term as hospital vice president for ethics and mission, she instituted ethics education seminars for all employees, created the ethics consult team, conducted ethics rounds and wrote the organization's handbook, *Mission, Integrity and Conduct in the Workplace*. She created and chaired the Ethics Committee, served on the organization's institutional review board (IRB) and numerous other committees. Prior to her role as hospital vice president in Massachusetts, Catherine was director of bereavement services and served as chair of the Clinical and Organizational Ethics Committees at a fully accredited, two-hundred-bed palliative care specialty cancer hospital in New York for persons with advanced, acute

cancer. A national and international lecturer in ethics, values and corporate integrity, and leadership and mission, she has served on adjunct faculties teaching courses on justice in society at Molloy College in Rockville Center, New York; in health-care ethics and in life transitions and crisis management at St. Joseph's College in Patchogue, New York; and at the State University of New York Stony Brook School of Medicine's Health Care Ethics Program. Catherine's book of poetry about creation, conscience, change and hope, entitled *Beauty Noticed*, was released in 2020. Her article about the pandemic, "When Life Changes: Calming the Chaos of Crisis with Mindfulness," will appear in the Winter 2021 volume of *Listening: Journal of Communication, Ethics, Religion and Culture*. She also is the author of articles in healthcare and ethics as well as a novel, *Mea Culpa*. Catherine Seeley is a graduate of Marywood University in Pennsylvania and of Fordham University in New York.