



Recommended for all healthcare professionals including Administrators, Nurses, Social Workers, Dietitians, Recreational Therapists and Pastoral Care Workers.



Is it Alzheimer's?

**Register Now —
Space is Limited.**

There are many causes of Dementia. Understanding the cause is crucial in deciding how to minister to each person based on their individual diagnosis. This seminar discusses the different types of Dementia, care issues that arise, recent studies and ways to enhance family visits and family concerns.

LEARNING OBJECTIVES

- The difference between delirium, depression and dementia.
- Different causes of dementia and symptoms specific to four common dementias.
- Behavioral and psychological changes typically associated with common dementias.
- Non-pharmacologic interventions that assist the individual with common dementias to function at the highest level.
- The benefits and risks of Pharmaceutical interventions available for common dementias.
- Challenges that families face when admitting a family member with dementia to a facility.
- Positive interventions for families to implement during visits with a loved one who has dementia.

DATE & LOCATION

Friday, March 26, 2010

Teresian House

200 Washington Avenue Ext.

Albany, NY 12203

Tel: 518.456.2000

REGISTRATION FEES

Early Rate — \$150.00

Register before 3/1/2010

Standard Rate — \$180.00

Register on and after 3/1/2010

Third person is FREE

For every two registrants from the SAME facility, send a third for FREE.

Visit our website www.avilainstitute.org for other upcoming seminars.



Is it Alzheimer's?

Friday, March 26, 2010
Teresian House | Albany, NY

8:00 AM Registration
8:30 AM Welcome / Prayer

8:45-10:15 AM

All Dementias are Not Alike and All Memory Issues are Not Dementia

Sr. M. Peter Lillian DiMaria, O.Carm.

After differentiating among delirium, depression and dementia, four common dementias including Alzheimer's Disease, Lewy Body Dementia, Vascular Dementia, and Frontal Temporal Dementia (Pick's Disease) will be discussed. The presenter will discuss the definition, symptoms, etiology, and behaviors specific to each disorder.

10:15-10:30 AM Break

10:30 am-12:00 PM

Care Issues

Carole M. Stathis, MS, RN and Ann Spenard, MSN, RN, C

Since each dementia has its own set of symptoms, complications, and behavioral changes, delivering optimal person-centered care requires a clear understanding of research-validated interventions that provide the individual with dementia the highest level of function. The presenters will provide a wide range of research-based interventions for scenarios

experienced in their practices and will make suggestions of interventions for scenarios experienced by members of the audience as time permits.

12:00-12:45 PM Lunch

12:45-1:45 PM

Pharmaceutical Interventions to Enhance Function

Carole M. Stathis, MS, RN and Ann Spenard, MSN, RN, C

Pharmaceutical treatment specific to each of the four dementias will be presented. In addition, the risks and benefits of each treatment will be discussed.

1:45-2:00 PM Break

2:00-3:00 PM

Family and Loved Ones as Friends, Not Foes

Sr. M. Peter Lillian DiMaria, O.Carm.,

Carole M. Stathis, MS, RN and Ann Spenard, MSN, RN, C

This panel discussion will highlight the challenges facing the family when their loved one lives in your community. The discussion will include ways to help the family visits be a positive experience for both the family member and their loved one with dementia. When a person with dementia becomes our charge, their family is our responsibility as well. The panel will review incorporating the family onto the care team.

MEET THE SPEAKERS

Ann Spenard, MSN, RN, C

Director of Business Development, Qualidigm

Ann Spenard, MSN, RN, C, has 25-years of experience as a Long Term Care and Geriatrics Specialist. She has served as Clinical Coordinator to the National Nursing Home Quality Initiative; senior clinician and manager of the data verification project for the MDS (DAVE2 for Qualidigm). Ann has served as Surveyor for The Joint - Commission on Accreditation of Health Organizations in Illinois for the past seven years.

Prior to joining Qualidigm, Ann was founder and president of Healthcare Consultation & Education Resources, Inc., where she provided consultation and education on issues of Long Term Care and Geriatrics.

Carole M. Stathis, MS, RN

Counselor and Nurse Educator

Carole Stathis has been a nurse educator for over 30 years, specializing in geriatric care. She has taught widely throughout the United States. She assisted with developing and teaching a Dementia Care Core Curriculum, and consults at many nursing homes to help them meet and exceed federal standards of quality care.

Sr. M. Peter Lillian Di Maria, O. Carm., BA, LNHA

Director of Avila Institute of Gerontology, Inc.

Sr. Peter has been in the Nursing Home field for over 30 years working in many capacities. Sr. Peter has lectured on many topics including Alzheimer's Disease, Palliative Care, Spiritual Care, Stress, Conflict Resolution and Team Building.

CREDIT INFORMATION

Dietitians

This seminar has been approved by the commission on Dietetic Registration for the maximum allowable hours of 5 CPE hours.

Nursing Home Administrators

This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners of Long Term Care Administrators (NAB) and approved for 5 clock hours and 5 participant hours.

Program approval number:
3112009-31438-5 -s1269

Social Workers

This program has been approved for 5.0 Continuing Education hours for relicensure, in accordance with 258 CMR. Collaborative of NASW-MA and the Boston College and Simmons College School of Social Work Authorization Number D41236.

Therapeutic Recreation

The American Therapeutic Recreation Association (IACET Provider # 406) has reviewed and approved this workshop for up to .5 CEU's.

Nurses

This continuing nursing education activity was approved by the New York State Nurses Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.

It has been assigned approval code 7VFNKF-09.

It was approved for 5.0 contact hours.

Catholic Chaplains

The National Association of Catholic Chaplains has approved this program for 5 Continuing Education hours.

For more information about this seminar and credit approvals please contact John Moody or Sr. Peter Lillian at 518.537.5000 or visit www.avilainstitute.org.

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