



# Is it Alzheimer's?

*Recommended for all healthcare professionals including  
Administrators, Nurses, Social Workers, Dietitians,  
Recreational Therapists and Catholic Chaplains.*

**Register Now — Space is Limited.**

There are many causes of Dementia. Understanding the cause is crucial in deciding how to minister to each person based on their individual diagnosis. This seminar discusses the different types of Dementia, care issues that arise, recent studies and ways to enhance family visits and family concerns.

## LEARNING OBJECTIVES

- Discuss the difference between delirium, depression and dementia.
- Discuss different causes of dementia and symptoms specific to four common dementias.
- Discuss behavioral and psychological changes typically associated with common dementias.
- Discuss the benefits and risks of Pharmaceutical interventions available for common dementias.
- Discuss non-pharmacologic interventions that assist the individual with common dementias to function at the highest level.
- Discuss challenges that families face when admitting a family member with dementia to a facility.
- Discuss positive interventions for families to implement during visits with a loved one who has dementia.

## DATE & LOCATION

**Monday, October 18, 2010**  
**Lourdes Noreen McKeen Residence**  
315 South Flagler Drive  
West Palm Beach, FL 33401-5677  
Tel: 561-655-8544

## REGISTRATION FEES

**Early Rate — \$150.00**  
Register before 9/20/2010

**Standard Rate — \$180.00**  
Register on and after 9/20/2010

**Third person is FREE**  
For every two registrants from the SAME facility, send a third for FREE.

## MEET THE SPEAKERS

**Ann Spenard, MSN, RN, C**  
*Director of Business Development,  
Qualidigm*

Ann Spenard, MSN, RN, C, has 25-years of experience as a Long Term Care and Geriatrics Specialist. She is certified by the ANA in Gerontological nursing since the 1990. Prior to joining Qualidigm, Ann was founder and president of Healthcare Consultation & Education Resources, Inc., where she provided consultation and education on issues of Long Term Care and Geriatrics.

**Carole M. Stathis, MS, RN**  
*Consultant and Nurse Educator*

Carole Stathis has been a nurse educator for over 30 years, specializing in geriatric care. She has taught widely throughout the United States. She assisted with developing and teaching a Dementia Care Core Curriculum, and consults at many nursing homes to help them meet and exceed federal standards of quality care.

**Sr. M. Peter Lillian Di Maria, O. Carm., BA, LNHA**  
*Director of Avila Institute  
of Gerontology, Inc.*

Sr. Peter has been in the Nursing Home field for over 30 years working in many capacities. Sr. Peter has lectured on many topics including Alzheimer's Disease, Palliative Care, Spiritual Care, Stress, Conflict Resolution and Team Building.

**Michelle M. Pandolfi**  
*Manager, Consulting Services,  
Long Term Care, Qualidigm*

Currently Michelle manages private and governmental consulting projects related to long term care. Prior to Qualidigm she worked for Alzheimer's Association, with responsibility for supervising 21 programs and services in Northern Connecticut and managing 19 statewide programs offered to individuals with Alzheimer's disease, their families and caregivers.



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Monday, October 18, 2010

Lourdes Noreen McKeen Residence | West Palm Beach, FL

8:00 AM Registration  
8:30 AM Welcome / Prayer

## 8:45-10:15 AM All Dementias are Not Alike and All Memory Issues are Not Dementia

Sr. M. Peter Lillian Di Maria, O.Carm, BA, LNHA;  
Michelle M. Pandolfi; Ann Spenard, MSN, RN, C;  
Carole M. Stathis, MS, RN

After differentiating among delirium, depression and dementia, four common dementias including Alzheimer's Disease, Lewey Body Dementia, Vascular Dementia, and Frontal Temporal Dementia (Pick's Disease) will be discussed. The presenter will discuss the definition, symptoms, etiology, and behaviors specific to each disorder.

10:15-10:30 AM Break

10:30 am-12:00 PM

## Care Issues

Sr. M. Peter Lillian Di Maria, O.Carm, BA, LNHA;  
Michelle M. Pandolfi; Ann Spenard, MSN, RN, C;  
Carole M. Stathis, MS, RN

Since each dementia has its own set of symptoms, complications, and behavioral changes, delivering optimal

*No commercial support was received for this educational activity.*

person-centered care requires a clear understanding of research-validated interventions that provide the individual with dementia the highest level of function. The presenters will provide a wide range of research-based interventions for scenarios experienced in their practices and will make suggestions of interventions for scenarios experienced by members of the audience as time permits.

12:00-12:45 PM Lunch

## 12:45-1:45 PM Pharmaceutical Interventions to Enhance Function

Ann Spenard, MSN, RN, C;  
Carole M. Stathis, MS, RN

Pharmaceutical treatment specific to each of the four dementias will be presented. In addition, the risks and benefits of each treatment will be discussed.

1:45-2:00 PM Break

## 2:00-3:00 PM Family and Loved Ones as Friends, Not Foes

Sr. M. Peter Lillian Di Maria, O.Carm, BA, LNHA;  
Michelle M. Pandolfi; Ann Spenard, MSN, RN, C;  
Carole M. Stathis, MS, RN

This panel discussion will highlight the challenges facing the family when their loved one lives in your community. The discussion will include ways to help the family visits be a positive experience for both the family member and their loved one with dementia. When a person with dementia becomes our charge, their family is our responsibility as well. The panel will review incorporating the family onto the care team.

## CREDIT INFORMATION

### Dietitians

This seminar has been approved by the commission on Dietetic Registration for the maximum allowable hours of 5 CPE hours.

### Nursing Home Administrators

This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners of Long Term Care Administrators (NAB) and approved for 5 clock hours and 5 participant hours.

Program approval number:  
3112009-31438-5 -s3109

### Social Workers

Registrants should contact Avila Institute of Gerontology, Inc. for application status.

### Therapeutic Recreation

The American Therapeutic Recreation Association (IACET Provider # 406) has reviewed and approved this workshop for up to .5 CEU's.

### Nurses

This continuing nursing education activity was approved by the New York State Nurses Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.

It has been assigned approval code 7VFNKF-09.

It was approved for 5.0 contact hours.

### Catholic Chaplains

The National Association of Catholic Chaplains has approved this program for 5 Continuing Education hours.

**For more information about this seminar and credit approvals please contact John Moody or Sr. Peter Lillian at 518.537.5000 or visit [www.avilainstitute.org](http://www.avilainstitute.org).**

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