

Avila Institute news



Renowned Author and Speaker, Matthew Kelly to speak at the Avila Institute's annual October Workshop.

In October 2006, the Avila Institute of Gerontology will be presenting its annual workshop, "Balancing Our Lives – Living the Vision". Among its speakers is renowned author and speaker Matthew Kelly. During his segment Mr. Kelly will explore the challenge of finding

Matthew Kelly, speaker and author

balance between our own real and legitimate needs - physical, emotional, intellectual, and spiritual - and the needs of the people we serve. *To read more about Matthew Kelly and other October Workshop speakers and topics please go to page 4.*



Avila Institute now offers on-site memory-impaired training for facilities. Call Sr. Peter Lillian at 518 537 5000 or visit www.avilainstitute.org for more information.

Avila Institute, a pre-assembly to the 2006 CHA Conference in Orlando, FL

The Avila Institute of Gerontology had the great opportunity to present a workshop in Orlando, Florida, preceding the 91st Catholic Health Assembly on June 3, 2006. "Leading Culture Change—Directing Transformation" offered insight and practical advice to participants for transforming the operations and culture of their long-term care facilities to meet the needs of the elders who reside there.

Mary Tellis-Nayak, RN, MSN, MPH, Business Development Executive, CARF-CCAC, Washington, DC presented on "Leadership: Key to Culture Change in Long-Term Care." Mrs. Tellis-Nayak emphasized that for long-term care organizations to be excellent, they must foster strong relationships between caregivers and elders. She noted that the top three reasons caregivers will stay at a particular facility are to help others, to do something meaningful, and to help society.

Characteristics of this new workforce were described by Anna Ortigara, RN, MS, Vice President, Campaign for Culture Change, Life Services Network of Illinois, Hinsdale, IL in her presentation "Transforming the Culture of the Workforce: It Takes More Courage Than You Think!" Ms. Ortigara explained that hierarchy, fixed roles, and an assumption that . . . *Continued on page 6*

Congratulations to Angelika Lyle, the recipient of the 2006 Flos Carmeli Award. For the full story of Mrs. Lyle and her contributions to Kahl Home turn to page 3.

Avila Institute of Gerontology held their annual Paraprofessional Conference on June 13 & 14, 2006

Read participants thoughts and comments about the conference on page 7.



MISSION: TO ENHANCE THE MINISTRY OF THE CARMELITE SISTERS FOR THE AGED AND INFIRM BY PROVIDING HIGH QUALITY, AFFORDABLE EDUCATIONAL PROGRAMS RELATED TO THE CARE OF THE ELDERLY. THE INSTITUTE CREATES OPPORTUNITIES FOR INDIVIDUALS TO SHARE EXPERIENCES AND KNOWLEDGE REGARDING THEIR WORK WITH THE AGED AND CONTRIBUTE TO THE FIELD OF GERONTOLOGY THROUGH WORKSHOPS, PUBLICATIONS AND STUDIES.

AIG Newsletter

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Lines from the Laptop

As Summer is speedily passing by, I hope that everyone has had a pleasant Fourth of July. As one can tell by the newsletter, the Avila Institute of Gerontology continues to be busy about many things. In addition to several regional workshops held throughout the year in numerous locations, the recent workshop held on June 3rd preceding the 91st Catholic Health Assembly in Orlando, Florida was extremely well received. The busy work continues as efforts are now being directed to shaping the upcoming Avila Institute Workshop in October, with its promise of more fine programs covering a variety of topics. The world and society are encountering more and more technological advances,

developments and gadgets, such as the computer, cell phones and PDA, to name a few. However, one of the most valuable, non replaceable, important and cherished gifts in the care of the elderly, and indeed any person, remains the loving touch of another person. In this simple act, hope, love and care are conveyed. To all those who serve, whether it be the actual touch of love or the work of love that from a distance serves, thank you. May we all strive to show that the difference is love.

Sr. M. Teresa Stephen, O. Carm.
President, Avila Institute of Gerontology, Inc.



Director's Report

My many travels continue to bring me many blessings and an opportunity to learn from so many people. Recently, I was asked to articulate the theology that drives the Avila Institute to provide quality programs regarding issues affecting our elders. As I thought about it I realized we have a very basic theology, which is, we are called by the fourth commandment "To Honor our Mother and Father." We are also called by Jesus to comfort our brothers and sisters in spirit, mind, and body by sharing His words of comfort and His healing care through our gentle presence and example.

I believe the Avila Institute strives to be an example to all who work with our elders by advocating the rights of our elders through our programs. As Mother M. Angeline Teresa, O.Carm., Our Foundress, said: "Bringing Christ means giving them His compassion, His interest, His loving care, His warmth morning, noon and night." The call of the Avila Institute of Gerontology is to provide education in all areas of elder care that offers the respect and dignity that our elders deserve throughout every stage of their life and illness. Education continues to be an integral part of the healing mission of Jesus.

Elder care has changed in many ways as a result of newer technology, health care financing, and most

importantly the care needs of elders. Our elders continue to be admitted to care facilities at an average age of 86 or 87; two-thirds to three-fourths of those we care for have some type of dementia, mostly Alzheimer's; and the staff of today do not remain in healthcare as long as they used to. The Avila Institute, with the help of many of you, provides many educational opportunities on the changing needs of the people we serve, and implements the most innovative programs. Your continued input is priceless and very much appreciated.

The challenges are many but we must continue to have the same faith our founders and foundresses shared. They have left us legacies to draw on which asked us to keep our eyes focused on what Jesus taught us—to care for our brothers and sisters.

I look forward to seeing you at a future Avila Institute program, especially at our "Balancing Our Lives - Living the Vision" conference, a time set aside to share our challenges together.

Sr. M. Peter Lillian DiMaria, O. Carm.
Director, Avila Institute of Gerontology, Inc.

A special thank you to Metropolitan West Asset Management of Los Angeles, California for Sponsoring the 2006 October Workshop.



Congratulations to Angelika Lyle, our 2006 Flos Carmeli Award recipient

The Carmelite Sisters for the Aged and Infirm and the Avila Institute of Gerontology offer the Flos Carmeli (Flower of Carmel) Award as a way of recognizing persons who embody the spirit of Mother M. Angeline Teresa the Foundress of the Carmelite Sisters for the Aged and Infirm. It is a way of honoring an individual who has contributed in a unique and personal way to bettering the life of our elders and advancing respect for life. The award is given on an annual basis at a special ceremony during the Avila Institute's October seminar.

Our Flos Carmeli recipient for 2006 is Angelika Lyle. Mrs. Lyle works in Food Service at the Kahl Home in Davenport, Iowa. She is respected for her hard work and dedication to the care of the elderly. Mrs. Lyle has been employed with Kahl Home since 1999. She had been previously employed there for 8 years before, when she had left to learn new skills that would enable her to improve her commitment and work ethic.

Angelika Lyle began her work in food service during a formal apprenticeship in her home country, Germany. During this time she had the opportunity to see the full spectrum of what is involved in the day-to-day operation of a restaurant/hotel business. In 1971, after marrying an American Citizen and completing her apprenticeship, Mrs. Lyle moved to Waterloo, Iowa. Here she worked a few hours at a day care in food service enabling her to dedicate her time to her family.

In 1978, the family moved to Davenport, IA. It was then Mrs. Lyle was first introduced to Kahl Home. Mrs. Lyle worked at school food service but during winter and summer breaks, she would work at Kahl Home enabling others to take their well-deserved time off. In the mid 1980's, she was able to switch to full-time, as a cook/supervisor at Kahl Home. The home was doing major remodeling and growing and Mrs. Lyle was given opportunities to learn how to supervise others, develop recipes and menus, purchase food and supplies and oversee day-to-day operation of the department. However, to continue her growth, Mrs. Lyle accepted a managerial job at a local hospital. She worked there for several years as Service Master. Then in 1999, Mrs. Lyle was welcomed back to Kahl Home, bringing with her a decade



of experience and furthered education that would benefit the care of the elderly.

Mrs. Lyle portrays many ideals of Mother Angeline. Residents and families are always made to feel at home. Mrs. Lyle would receive guests as she would receive Jesus. There is always a special meal and the dining room can be compared to any fine restaurant in any large city, with linen napkins, table clothes, centerpieces and a glass of wine to add to the ambiance of any special occasion. The residents have even had the pleasure of being serenaded during their meals.

Mrs. Lyle is totally committed to providing the best quality of care to the residents and is always looking for ways to enhance mealtime and to always create pleasant experiences. She ensures that residents with special needs such as adaptive devices and special diets are well taken care.

Mrs. Lyle has an excellent rapport with all her staff. She has created a friendly work

atmosphere where problems and concerns can be freely discussed. She instills in her staff her wonderful work ethic and has the unique ability to motivate and guide her staff through any difficult situation. Most recently during Kahl Home's annual State Survey due to circumstances under no one's control, both of the facility's cooks were unable to come to work. Mrs. Lyle rose to the challenge, she supervised the survey while also doing the cooking. She remained calm and determined and her department was deficiency free.

Mrs. Lyle treats all the residents and staff as if they were family. Her staff find her kind and understanding. Many of the staff are from a handicapped development center and require extra direction and patience. Respect and dignity are her hallmark. When a resident is dying their family are offered snacks and meals with sensitivity and compassion. Mrs. Lyle upholds the Mission and Philosophy of the Carmelite Sisters.

Mrs. Lyle's love for the elderly can be portrayed through her relationship with her grandmother as a little girl. One of her favorite things as a child, was spending time with her grandmother. Everything seemed perfect when with grandma. Angelika was always at ease and happy. Grandma's meals were a basic fare of traditional German peasant foods. She had her daily routines but time together during meals was most important to Grandma. Angelika can recall her Grandma making the sign of a cross on a loaf of bread before slicing it for dinner. These early experiences laid the foundation to Mrs. Lyle's choice of work later in life. Like her Grandmother, Mrs. Lyle creates meals for the body and feasts for the heart.



The 2006 Annual October Seminar Line-Up

Balancing Our Lives – Living the Mission

MONDAY, OCTOBER 9, 2006

Are you Thriving or Just Surviving?

Matthew Kelly

By using a series of practical examples, Mr. Kelly will help attendees develop a practical plan for rediscovering a rhythm and balance that enables them to live fuller lives as individuals, and as a result, serve others with greater passion and enthusiasm.

Matthew Kelly was born and raised in Sydney, Australia, and has been captivating audiences around the world since his late teens. Over the past decade, more than two million people have attended his talks and seminars in over fifty countries. Kelly is the New York Times best-selling author of "The Rhythm of Life" and the president of The Think Tank Institute. As a speaker and author, he captures our imaginations and helps us to see the challenges and opportunities of our everyday lives in a new light.

Practical Time Management Principles to Apply To Your Everyday Life

Hilda Maria DeLucia, BA

This presentation will help individuals find innovative ways to achieve their goals, stay ahead of the competition and respond quickly to the needs of those they serve. As part of this program, participants will be given an opportunity to do a self-assessment on their time management skills for an additional nominal fee.

Hilda Maria DeLucia is the Director for Employee Development and Service Excellence for Masonicare, Inc. In this role she provides non-clinical professional and personal development programs to 2,500 employees. Hilda's programs are energetic, engaging and practical. You will laugh and have many "AHA" moments throughout the program while walking away with tools you need to enhance your professional career.

Checchino: A Father & Son's Journey Toward Dusk

Francis Battisti, PhD, LCSW, BCD

Battisti will share his insights of caring for his father. The story encompasses the capacity to love and cope with the process of aging and death. Understanding and using the seven Checchino Insights offers realistic and proven skills that improve problem solving, enhance communication styles and increase productivity. Discussion of an Ethic of Care framework, will address the professional caregiver's need to balance the demands of family, work and self.

Francis L. Battisti, is the CEO of Battisti Seminars, a multi discipline consulting firm. He is also a Professor of Psychology, Education & Human Services at Broome Community College, Binghamton, NY. Francis has been a consultant to long-term care facilities and medical offices throughout the United States for over 18 years. Battisti's impressive credentials as a seminar presenter and keynoter are confirmed by national and international appearances for Fortune 500 companies, small businesses, health organizations, educational institutions and national conventions.

TUESDAY, OCTOBER 10, 2006

It's in Every One of Us (to be wise)

Faith Bresnan Robert, RN, BSN, CRRN

What does it mean to share from the heart with others? This presentation will show how these words serve as a foundation on which all helping services should be built. The constant need for communication and the daily challenges that face both resident and care provider will be reviewed. Leadership that encourages rather than discourages workers, and examples of agencies that have faced such challenges will be given.

Faith Roberts has given over 1800 presentations on the local, regional, national, and international level. She also published and presented on the Nursing Diagnosis "Spiritual Distress" at NANDA and the Mayo Clinic. Co-author of "The Core Curriculum for Sub Acute Care" published May 1999.

Survey Update

Janet Feldkamp, RN, BSN, LNHA, JD

The session will provide information regarding the latest trends in survey and enforcement. Participants will be informed of the new and emerging areas for survey focus and the plans from CMS regarding additional changes to the interpretive guidelines.

Janet Feldkamp is an attorney, Vice Chair and Partner of the Health Care Department at Benesch, Friedlander, Coplan & Aronoff, LLP. She has assisted numerous long term care facilities through the complexities of the regulatory and enforcement requirements, including clients with proposed fast track terminations, Medicaid payment bans and proposed civil monetary penalties.

Managing Conflict at Work: The People Oriented Problem Solving (POPS) Approach

Claude Marchessault, MA

In this session participants will develop expertise in problem prevention; learn the people side of problem solving; how to get to the root of a problem quickly; how to work through people to solve problems; how to involve others in the decision-making process; and how to internalize the process and use it when they return to the job.

Claude Marchessault is a founder and principal of Strategic Leadership Group, Inc., and works with boards, CEO's and senior management teams to address the challenges of effective leadership, strategy development, group dynamics and organizational change Member of the System Centered Training and Research Institute of Philadelphia under the leadership of Yvonne Aga-zarian, PhD. He has lectured throughout the country and regionally on the topic of group and team communication and organizational development.

WEDNESDAY, OCTOBER 11, 2006

Power to the People – Technology in the Field of Aging

Jack York, BS and Leslie Dwight, BA

This hands-on presentation will demonstrate how programs can be set up in a variety of senior environments to benefit residents of all skill and experience levels, coupled with examples of communities that have implemented technology for their residents. Ms. Dwight will begin the presentation with an introduction to technology in Aging and end with a review of how to develop a strategic technology plan that supports the business function including transportation, security, energy management, accounting, communications, residents and staff management.

Jack York's portion of the presentation will demonstrate how adaptive technology can effectively be a remarkable culture change tool to enhance and change the quality of life of LTC residents. Mr. York will present outcome-based research to illustrate the benefits of this type of stimulation. An interactive segment will show a variety of

other hands on experiences that are used as a part of the system programming.

Leslie Dwight has 25 years of experience in software product development in the fields of aging, education, finance, music, entertainment, and security. She has presented for many different organizations and is an instructor at the Harvard University Graduate School of Design.

Jack York is the founder of It's Never 2 Late. He founded the company after retiring from his position as vice-president of strategic sales for Vishay Intertechnology and after discovering the joy he received from donating computers to assisted living centers in California. This endeavor became a labor of love, and the enthusiasm that the seniors showed in jumping into the computer world motivated him to establish It's Never 2 Late.

Advocacy Updates

Julie Trocchio

The session will provide an overview of public policy issues under discussion in the 110th Congress and Federal Regulatory Agencies. Julie will discuss the rationale and

methods for providing community benefits and justify tax-exempt status.

Julie Trocchio carries out programmatic and advocacy activities related to non-acute care services provided by the Catholic health ministry (such as long-term care, home care, and housing). Additionally, she leads other Catholic Health Association activities related to community benefits, environmental responsibility, and assistance to refugees and victims of human trafficking. She also is the CHA liaison to the executives of state Catholic health associations and conferences.

For more information on our October seminar topics, credit information or to register please visit www.avilainstitute.org. (Brochures and registration forms are available to download) or call Angela Somma, Mary Ann Iaccino or Sr. Peter Lillian at 518 537 5000.

Are You Up-to-date with the New Survey Process for Activity Requirements in Nursing Homes?

Used with permission from Cat Selman, BS, ACC., selected information from "New Survey Process for Activity Requirements in Nursing Homes".

The relevance and value of activities and their impact on resident's quality of life is profound. The provision of activities is not a new concept, but one that is constantly evolving. Research findings and the observations of positive resident outcomes confirm that activities are an integral component of resident's lives.

All relevant departments should collaborate to develop and implement an individualized activities program for each resident. It is not just the responsibility of the activities department to ensure that each resident is able to participate in activities of choice. Activity goals should be based on measurable objectives and focused on desired outcomes. Examples include: engagement in an activity that matches the resident's ability; maintaining attention to the activity for a specified periods of time; and expressing

satisfaction with the activity verbally or non-verbally.

Some issues to include when considering the development of the activities component of the resident's comprehensive care plan are: a continuation of life roles, consistent with preferences and functional capacity; encouraging and supporting the development of new interests; and connecting with the community.

Facilities may need to make accommodations for adaptations for residents with visual, hearing, or physical impairments, cognition impairment, diverse ethnic or cultural backgrounds, communication/language barrier, the resident with pain or those having a terminal illness.

When reviewing care planning approaches, one should note that activities can occur at any time, are not limited to formal activities offered by activities staff, and that other facility staff, volunteers, visitors and family members may provide the activities.

The following is a FTag regulation explanation from "New Survey Process for Activity Requirements in Nursing Homes" Released March 10, 2006, In effect June 1, 2006

(F248) 483.15(f)(1) Activities: Facilities must provide an ongoing program of activities designed to meet, in accordance with the comprehensive assessment, the interests and the physical, mental, and psychosocial well-being of each resident.

The intent of this (F248) regulation is to ensure that: The facility identifies each resident's interests and needs. The facility involves the resident in an ongoing program of activities that is designed to appeal to his or her interests and to enhance the resident's highest practicable level of physical, mental, and psychosocial well-being.



Emergency management manual and seminar for long-term care

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The Avila Institute of Gerontology, Inc., Germantown, NY, in partnership with emergency management experts Russ Phillips & Associates, is offering a series of regional emergency management planning workshops. Workshop participants will review the steps necessary for planning and responding to natural, technological, and other types of disasters. The workshop sessions are based on the Fire and Emergency Management for Healthcare Facilities Manual developed for the Avila Institute by Russ Phillips & Associates. In addition to receiving continuing education credits, workshop participants have the opportunity to purchase a copy of the manual in a customizable, CD format.

Offering the manual and workshops is one example of how the Avila Institute creates opportunities for individuals to share experiences and knowledge regarding their work with the aged and to contribute to the field of gerontology. "This manual will contribute to the safety of the residents, staff,

families, and visitors served by any long-term care facility," said Sr. M. Peter Lillian DiMaria, O.Carm, director, Avila Institute of Gerontology, Inc.

The first emergency management manual was published by the Avila Institute in 2003, as a result of a conversation between Sister Peter and Russ Phillips about the need to develop a template for long-term care facilities that allows them to design facility-specific safety and emergency procedures. The updated 2005 version of the manual combines the Institute's knowledge of the nursing home sector with Russ Phillips & Associates' 30 years of experience in reviewing health care disasters.

Teresian House, Germantown, NY, had the advantage of having access to the Avila Institute's emergency management manual when a small fire broke out at their facility. "Due to a small fire caused by faulty wiring, our facility experienced a total power failure earlier this year," said Julie Tidd, Teresian House director of risk management. "Although we were in the rough draft stages of customizing our disaster manual, the work we had been doing with the manual gave us

some basic structure to help guide us through this potentially disastrous situation."

Tidd, who credits the manual for being instrumental in creating the foundation for their facility's emergency policies and procedures, recognizes the benefits facilities can gain from the manual. "The toughest part of writing a disaster plan or policy is knowing the questions that need to be asked and answered. Unless you have been in a disaster situation, you will need help."

For additional information about the seminar and manual, please call Sr. Peter Lillian or Mary Ann Iaccino at 518.537.5000 or visit www.avilainstitute.org.

You may also contact us if you are interested in having this seminar at your facility or to purchase the CD-Rom individually.

We will be presenting this seminar in Framingham, MA on October 25, 2006.

Avila Institute, a pre-assembly to the 2006 CHA Conference, *continued*

caregivers were incapable of education and subsequent advancement characterized the old culture of workforces.

Ms. Ortigara believes person-centered care can only be achieved in a workforce culture that: values not only the elders but also those who care for them; treats elders and their caregivers as individuals; views the world from the perspective of the elder; and provides a positive social environment in which the elder can experience well-being.

In "Moving Beyond the Barriers to Culture Change," Francis Battisti PhD, CEO, Battisti Network; and Professor of Psychology, Education, and Human Services, State University of New York-Broome Community College, Binghamton, NY, offered participants strategies "to care for our staff who are normally doing all the caring." Mr. Battisti suggested facilities drive the process of change by using "appreciative inquiry," a process of gathering information from caregivers for the purpose of learning and changing in a manner that expands the vision of a preferred future and creates new energy fast. He believes focusing on the positive is extremely effective because "the real world is what we create in our minds every day."

Before the departure of the participants, Sister Peter Lillian, O.Carm. offered a commissioning ceremony for workshop participants to each accept the role of innovator at their facilities in order to



(Back: L-R) Sr. Ann Daily, Sr. Catherine, (Front: L-R) Sr. Jean, Sr. Pauline, and Sr. Peter Lillian take time from their conference duties for a picture.

empower staff and promote "the dignity of the human person, the importance of the family, and the common good of our society."

The day was extremely moving! Participants left with a new sense of purpose and, we hope, with more insight into becoming caregivers for the caregivers at their facilities.

We would like to thank Ann Alvers, Adele Gianino, Kim Hewitt, Julie Trocchio, David Warren, and all the staff at CHA for their help in making the workshop run so smoothly. Special thanks to Carol Waterman, our "Cantor on Wheels," whose voice always stirs a sense of peace within our souls.

Avila Institute holds the 2006 Paraprofessional Conference

On June 13th and 14th, the Avila Institute held their annual Paraprofessional Conference in Germantown, NY. Over 70 paraprofessionals participated in the workshop. All had the opportunity to learn, de-stress, and share their experiences of working with the elderly.

The following are some thoughts and comments about the conference:

“Jadranka Grek, Director of Activities, and I attended the Paraprofessional Conference entitled “Nurturing the Gifts of the Vocation /Mission Driven Employee” on June 13th and June 14th at the Avila Institute of Gerontology in Germantown, New York. The conference was very well organized in terms of scheduling, selection of topics, Commissioning Service, Eucharistic Celebrations, breakfast, picnic lunches, and the fabulous appreciation dinner.

In my humble opinion, all of the speakers were excellent and appropriate for the conference. Sr. Annelle Fitzpatrick’s lecture, Aging Process /Care of the Elderly in a Disposable Society was extremely inspirational, informative, and educational... In all my years of nursing, I had never quite thought about the fact that my face may be the last face a resident sees before he or she sees God or if the resident I provided care for would be there to greet me when I crossed over. Secondly, I was impressed with how Sr. Annelle made us think about how we felt about our profession in terms of is it a job=make money, is it a career= how high can I climb the ladder, or is our vocation a calling?

Sr. Anne Smollin was a very dynamic and engaging speaker. Sr. Anne brought humor and realistic situations to her presentation, Understanding Stress. I now have a laughing buddy and a copy of her latest book. Jadranka even posted Sr. Anne’s quote in her office: “Things worth doing are worth doing poorly,” and enjoys explaining the real meaning behind it.

I am grateful that I had the time and opportunity to attend this conference. I would like to thank the Carmelite Sisters for the Aged and Infirm and their staff for their kind and warm hospitality. I am certain that everyone who



attended this 2 day conference gained a wealth of knowledge and information.”
- Carol L. Mendes, RN, Director of Staff Development Notre Dame Long Term Care Center

“The Stress Reduction and Round table discussions were very informative & beneficial to me. The program regarding finding your gifts was wonderful to know how, why and what you can bring to someone.” - Participant

“This was my first time at Avila, and I enjoyed myself so much. I couldn’t pick one thing that would be the best.”- Lauren Abate, Carmel Richmond Healthcare and Rehab Center, Staten Island, NY

“The overall kindness and just hospitality of all those who contributed. It made me feel very much at home – and I didn’t even stay the night. Thank you so much everyone.” - Participant

“Wonderful speakers - who are very knowledgeable!” - Participant

“I think I learned a lot from the conference. I think it was very interesting. It taught me things that I never thought about before.” - Fatima Donmez, Carmel Richmond Healthcare and Rehab Center, Staten Island, NY

“The entire conference was good.” - Nancy Roache, Marian Manor, South Boston, MA

“You are exposed to new thinking about your work . . . Everything is so beautiful... fellow conferees are so lovely and different and willing to share . . .” - Participant

“Very well organized, informative, educational, spiritual. Excellent job!” - Participant

“It was very educational and interesting, especially all the topics because they are about everyday dealing with coworkers on the job!”
- Participant from Mary Manning Walsh Home

“The group participation is what I liked best. Listening to what others talked about brought better perspective. All programs were beneficial and thought provoking.” - Participant

“I enjoyed the beautiful Holy place with its peace and quite. It made me think about how heaven would be.” - Lucille Samuel, Mary Manning Walsh Home, New York, NY

“This was a wonderful experience!”
- Participant

“As always everything from arrival to departure was perfect.” - Participant

“Thank you for letting me come here - to your home. I will never forget any of this. All the presentations were excellent. I learned and enjoyed all of them. Thank you so very much.”
- Laura Williams, Kahl Home for the Aged, Davenport, IA

“I am very happy that I had the opportunity to attend this workshop. I am sure it will make a big difference in my life. Thank you!”
- Participant

Photos: Top Right: Annie Martin-Johnson and Robin Minter from Lourdes Noreen McKeen Residence in Florida. Top Left: A group of paraprofessionals discuss their “gifts” with speaker Patrice Jenkins. Bottom Right: Dorothy Kirton from Mary Manning Walsh Home in New York, watches while Lucille Samuel selects the next winning number at the Appreciation Dinner.

Avila Institute News

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AIG News is now available at www.avilainstitute.org. If you would still like to receive a printed copy of the newsletter please fill out the form located inside the newsletter and return to Avila Institute of Gerontology, Inc.

UPCOMING SEMINARS:

Balancing Our Lives – Living the Vision

St. Teresa's Motherhouse, Germantown, NY
October 9-11, 2006

Emergency Management for Healthcare Facilities

St. Patrick's Manor, Framingham, MA
October 25, 2006

Geriatric Spiritual Care Seminar

St. Teresa's Motherhouse, Germantown, NY
November 16 -17, 2006

Innovative Training & Services for the Care of the Memory Impaired

Geriatric Spiritual Care Certificate Program January - June 2007



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